



Fresh Meats

- Laura's Grass Fed Organic Beef (and other cuts)
- Organic Smart Chicken (All Varieties)
- Organic Prairie Ground Turkey

Processed Sausage, Deli Meats, and Hot Dogs

- Applegate Organic Turkey Burgers
- Applegate Chicken Sausage
- Applegate Organic Beef Hot Dog
- Applegate Organic Deli Meat Roast Beef
- Applegate Organic Deli Meat Black Forest Ham
- Applegate Organic Genoa Salami

Seafood

- Fresh Seafood (Crab, Scallops, Lobster, Shrimp, Pole Caught Albacore Tuna, Wild Caught Alaskan Salmon, Pacific Cod, Mahi-mahi, Pacific Halibut, Atlantic Mackerel, Tilapia (Raised in Ecuador, U.S. or Canada))
- Wild Planet Canned Tuna/Salmon

Eggs

- Abbotsford Farms Cage Free Liquid Egg Whites
- Campo Lindo Farm Eggs
- Organic Valley Organic Liquid Egg Whites

Cheese

- Goat Cheese
- Kerrygold Grass-Fed Dubliner Aged Cheese
- Organic Valley Cottage Cheese

Dairy

- Maple Hill Creamery Yogurt (All flavors, made from milk from grass fed cows)
- Organic Valley Grassmilk
- Organic Valley Ghee Clarified Butter
- Siggis Drinkable Yogurt (All flavors, made from milk from grass fed cows)
- Siggis Yogurt (All flavors, made from milk from grass fed cows)
- Vega Protein Powder

Fruits and Vegetables

- All organic and fresh and frozen fruits and vegetables and organic canned vegetables
- Organic Dried Fruit (Raisins, Prunes, Dates, Figs)
- Sauerkraut, kimchi

Carbohydrates

- Doctor in the Kitchen Flackers Flax Seed Crackers
- Ezekiel 4:9 Cinnamon Raisin Organic Sprouted Grain Crunchy Cereal
- Food For Life Sprouted Grain Tortilla
- Food For Life Ezekiel 4.9 Sprouted Grain Bread
- Organic Dried Beans/Lentils or Organic Canned Beans, Organic Tofu
- Organic Flours (All Varieties)
- Organic Quinoa
- Organic Millet
- Organic Popcorn Kernels
- Organic Farro
- Organic Whole Grain Pasta
- Organic Steel Cut Oats
- Organic Wild Rice/Brown Rice
- Organic Buckwheat (Groats, Hot Cereal)
- Organic Doctor Kracker Crispbreads
- Organic Mary's Gone Crackers
- Organic Nature's Path Love Crunch Granola

Nuts/Seeds/Oils

- Braggs Organic Extra Virgin Olive Oil
- MaraNatha Organic Nut Butters
- Nutiva Coconut Oil
- Organic Flax Seeds
- Organic Chia Seeds
- Organic Hemp Seeds
- Raw Nuts/Seeds (All Varieties)

Staples

- Frank's Hot Sauce
- Fresh Herbs, Organic Dried Spices, Organic Baking Powder, Baking Soda
- Himalayan Salt
- Organic Dave's Gourmet Red Heirloom Pasta Sauce
- Organic Ketchup
- Organic Mustard
- Organic Salsa
- Organic 100% Maple Syrup
- Pacific Organic Free Range Low-Sodium Chicken Broth
- Vinegar (Braggs Apple Cider Vinegar, Rice Vinegar, Balsamic Vinegar, Red Wine Vinegar)
- YS Organic Bee Farms Raw Organic Honey

Beverages

- Organic Coconut Water
- Organic Kombucha
- Organic Coffee/Organic Tea
- Silk Pure Almond Unsweetened Milk, Vanilla or Plain

Bars/Chips/Sweets/Dips

- Beanitos Chips
- Organic Raw Revolution Bar
- Organic Pure Bar
- Organic Sun Biotics Probiotic Chocolate Bar
- Wild Garden Hummus



*All items may not be in all stores